




October Lunch Menu

Mon	Tue	Wed	Thu	Fri
	1 B: Mini strawberry cream cheese bagel L: Spaghetti w/ Meat Sauce Green Beans Garlic Bread	2 B: Breakfast Pizza L: Salisbury Steak Mashed Potatoes w/gravy Tea Roll	3 B: Banana Bar L: Fiestada Pizza Corn Oreo Fluff	4 B: Long John L: Chicken Alfredo Peas Garlic Bread
7 B: Egg Bites L: Hamburger on a bun Spiral Fries Ice Cream	8 B: Sausage & Biscuit L: Crisпитos w/ Cheese Corn Tea Roll	9 B: Waffle L: Chicken Nuggets Mashed Potatoes w/gravy Tea Roll	10 B: Glazed Donut L: Mandarin Orange Chicken Asian Rice Tea Roll Fortune Cookie	11 B: Sausage & Pancake on a Stick L: BBQ Pork on a Bun Baked Beans Chips
14 B: Mini Banana Loaf L: Italian Dunkers Marinara Sauce Green Beans	15 B: Chocolate Chip Muffins L: Chicken Fajita on Flatbread Peas	16 B: Cinnamon Roll L: Chicken Fried Steak Mashed Potatoes w/gravy Tea Roll	17 B: Omelet L: Biscuit & Gravy Tri-Tator Corn Cheese Stick	18 B: Pancake L: Hotdog on a Bun Baked Beans Cookie
21 B: Uncrustable L: Soft Shell Taco Spanish Rice Refried Beans	22 B: French Toast L: Ham & Scalloped Potatoes Peas Tea Roll Orange Fluff	23 B: Chocolate Donut L: Chicken Strips Mashed Potatoes w/gravy Tea Roll	24 B: Sausage & Biscuit L: Pepperoni Pizza Tator Tots Jello	25 
28 B: Yogurt & Pop Tart L: Chicken Patty on a bun Rosemary Potatoes Green Beans	29 B: Scrambled Eggs L: Chili Crackers Cinnamon Roll Cheese Stick	30 B: Mini strawberry cream cheese bagel L: Salisbury Steak Mashed Potatoes w/gravy Tea Roll	31 B: Breakfast Cookie L: Mini Corn Dogs Tri-Tator Mac-n-Cheese	

All Breakfast Meals (B) include: Variety of cereal or oatmeal.

All Lunch Meals (L) include:

**8 oz. Milk
Salad Bar**

All Breakfast Meals (B) Include: 8 oz. Milk

Fruit or Fruit Juice

Salad Bar may include the following options:

Fresh Lettuce

**Fresh Spinach
Carrots / Celery
Tomatoes
Diced Eggs
Bean Variety
Cucumbers
Fruit Variety**

